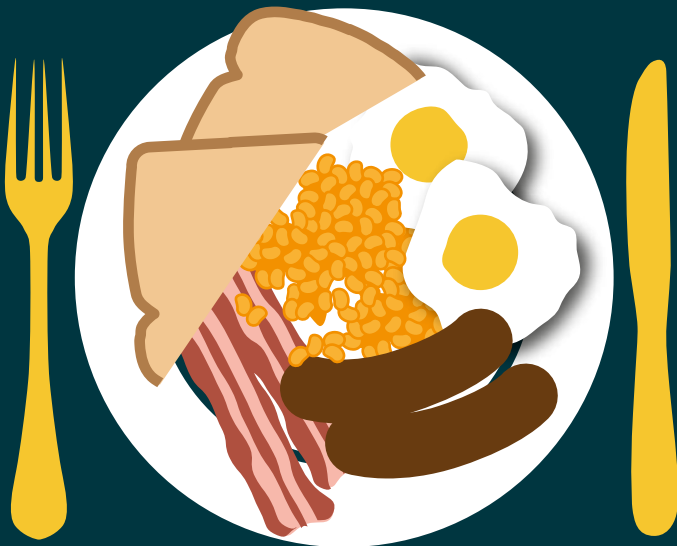


# Recycling. . . Waste food

It's Better **OFF**  
to **Recycle**

## Are your eyes bigger than your belly?

If your plate is like this...



...it should end up looking like this.



This means:

- No waste on your plate
  - No food for the bin
- Please help us to manage and prevent food wastage in our dining halls

Find out more about recycling, email:  
[waste@lboro.ac.uk](mailto:waste@lboro.ac.uk) or go online at  
[www.lboro.ac.uk/sustainability](http://www.lboro.ac.uk/sustainability)

